

Patient Health History Form

Name: _____ Date of Birth: _____
(First name) (Last name)

Gender: _____ Weight (kg): _____ Height (cm): _____

Date form completed: _____

Do you currently have, or have you had, any of the following illnesses or conditions? Please tick.

Endocrine

- Diabetes
 - Thyroid Disorder
 - Other - please specify
-

Heart Conditions

- Artery/ vein problems
 - Chronic congestive heart failure
 - Heart attack
 - Heart disease
 - Heart valve problems
 - High blood pressure
 - Pacemaker
 - Palpitations
 - Rheumatic Fever
 - Varicose veins
 - Other - please specify
-

Haematology (Blood Conditions)

- Bleeding Disorders
 - Blood clots
 - Other - please specify
-

Immune Conditions

- Autoimmune Disease
 - Other - please specify
-

Infectious Diseases

- Tuberculosis
 - Other - please specify
-

Mental Health

- Anxiety/Mood Disorder
 - Depression
 - Other - please specify
-

Neurological

- History of headaches/migraines
 - Stroke/TIA
 - Seizures/ Epilepsy Disorder
 - Other - please specify
-

Bone/Joint Conditions

- Arthritis
 - Osteoporosis
 - Other - please specify
-

Respiratory (Lung Conditions)

- Asthma
 - Chronic Cough
 - Chronic Obstructive Pulmonary Disease (COPD)
 - Emphysema
 - Other - please specify
-

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Please answer all the following questions by ticking the appropriate Yes/No box. If the answer is YES, please give details in the space provided.

Please answer all questions

1. What is the main symptom you currently have?

2. Do you have any religious beliefs/practices or cultural needs that you would like us to be aware of?

Yes No

If yes, please specify:

3. Are you a current smoker of tobacco?

Yes No

If yes, number per day?

For how many years?

4. Do you consume alcohol?

Yes No

If yes, how many drinks per day/week?

5. Do you take recreational drugs? (e.g. cannabis, heroin, methamphetamine)?

Yes No

If yes, please specify:

6. Do you have vision or hearing difficulties?

Yes No

If yes, please specify:

7. Mobility

Independent Requiring Assistance
 Using Equipment Completely dependent

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8. Do you feel unsteady when standing or walking?

Yes No

9. Have you fallen in the last year?

Yes No

If yes, how many times? _____ Please specify any injuries: _____

10. Are you able to perform activities of daily living independently (e.g. showering, dressing, cooking, cleaning)?

Yes No

If no, please specify: _____

11. Are you, or could you be pregnant?

Yes No

If yes, how many months? _____

12. Do you have any family history of cancer?

Yes No

If yes, please specify: _____

13. Have you been eating less food than usual because you have not been hungry?

Yes No

14. Within the last 6 months, have you lost weight without trying?

Yes No

If yes, how much weight have you lost? _____

14. Have you ever had surgery?

Yes No

If yes, please specify: _____

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Do you have any allergies or sensitivities to any medication, food, latex, sticking plasters or other?

Yes No

Medication/Substance Name	Type of Reaction

Do you take any regular medications? List Below:

(including the contraceptive pill, inhalers, herbal remedies, health supplements, pain medication, eye drops, sprays or regular over the counter medications such as aspirin)

Medication	Strength (mg)	Dose (how many)	Frequency (how often)

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