



CANOPY  
CANCER  
CARE



## Gastro-Intestinal (GI) cancer

**Recognising GI cancer**  
**First steps – diagnosis to treatment**

World class cancer care delivered locally



Canopy Cancer Care is a leading private clinic for adult cancer patients. Our team specialises in the care of patients requiring systemic cancer treatment. The Canopy vision is to offer New Zealanders the option of world class cancer care, delivered locally. Every day and with every patient we work towards this goal.

The Canopy team has been providing an international standard of care for over eight years. During this time we have built a strong team who are all passionate about our patients and the outcomes that matter to them most.

## We have world class facilities located in

- Epsom, Auckland
- Takapuna, Auckland
- Tauranga, Bay of Plenty
- and now also in Whangarei, Northland



## An online news channel for the cancer community

Canopy TV aims to provide interesting and topical information to cancer patients and their families, increase people's understanding of cancer and showcase interesting clinical developments in cancer treatment.

[www.canopycancercare.co.nz/canopytv](http://www.canopycancercare.co.nz/canopytv)



## A toolkit of evidence based complementary therapies

Under the Canopy gives patients access to relevant non-medical services as they need them either during or after chemotherapy or other oncology treatments.

Services include physio, oncology massage, diet and nutrition advice and exercise support.

[www.canopycancercare.co.nz/underthecanopy](http://www.canopycancercare.co.nz/underthecanopy)

# What is GI cancer?

A group of cancers that affect the upper gastrointestinal tract are known as upper GI cancers. Lower GI cancers affect the digestive system.

## Incidence

In 2009, there were **253** new cases of primary liver and biliary cancers, **472** new cases of pancreatic cancer, **370** new cases of stomach cancer and **257** new cases of oesophageal cancer. (Ministry of Health 2012a)

New Zealand has one of the highest rates of bowel cancer in the world. Stomach cancer is the 11th most common cancer in NZ (MoH 2014 Cancer Registrations)

## Risk factors

Lower GI	Oesophagus	Stomach	Pancreas
<ul style="list-style-type: none"><li>• Obesity</li><li>• Smoking</li><li>• Heavy alcohol use</li><li>• Inflammatory bowel disease</li><li>• Familial adenomatous polyyps (FAP)</li><li>• Lynch syndrome</li><li>• Barrett's oesophagus</li></ul>	<ul style="list-style-type: none"><li>• Age</li><li>• More common in males</li><li>• Tobacco use</li><li>• Alcohol consumption (<i>increases risk of squamous cell</i>)</li><li>• GORD</li><li>• Barrett's oesophagus</li></ul>	<ul style="list-style-type: none"><li>• Age</li><li>• Obesity</li><li>• Tobacco use</li><li>• H-pylori</li><li>• Family history</li><li>• Risk for Maori is higher</li></ul>	<ul style="list-style-type: none"><li>• Tobacco use</li><li>• Diabetes</li><li>• Chronic pancreatitis</li><li>• Obesity</li><li>• Family history</li></ul>

## Signs and symptoms

Lower GI	Oesophagus	Stomach	Pancreas
<ul style="list-style-type: none"><li>• Unexplained weight loss</li><li>• Change in bowel habit</li><li>• Blood in stools</li><li>• Pain in back passage</li><li>• Bowel does not empty</li><li>• Abdominal mass</li><li>• Tiredness</li></ul>	<ul style="list-style-type: none"><li>• Dysphagia</li><li>• Persistent indigestion</li><li>• Weight loss</li><li>• Throat pain</li><li>• Persistent cough</li><li>• Hoarseness</li></ul>	<ul style="list-style-type: none"><li>• Persistent Indigestion</li><li>• Frequent burping</li><li>• Feeling bloated</li><li>• Nausea and Vomiting</li><li>• Abdominal pain</li><li>• Dysphagia</li><li>• Gastrointestinal bleeding</li><li>• Weight loss</li><li>• Anaemia</li><li>• Jaundice</li></ul>	<ul style="list-style-type: none"><li>• Weight loss</li><li>• Abdominal pain</li><li>• Jaundice</li><li>• Lethargy</li></ul>

## Survival

- Oesophageal cancer cumulative relative survival of **12%** after **5 years**
- Gastric cancer cumulative relative survival of **20%** after **5 years**
- Pancreatic cancer cumulative relative survival of **5%** after **5 years**
- Colorectal cancer survival of **90%** after **5 years** for early stage

# Why choose Canopy?



## Quick appointment times

- our target is to have our patients seen by a Specialist within 7 days.



## The highest professional standards

- comes from selecting only highly experienced and dedicated Specialists, nurses and support staff.



## Personalised treatment plans

- by professionals committed to delivering quality care, patient experience and outcomes.



## Global sourcing of therapies

- we will reach across the globe to ensure patients have access to the most effective drug therapies.



## Individualised patient care program

- with a focus on outcomes that matter to patients, the Under the Canopy program has been specifically designed to support patients navigate their personal cancer journey as comfortably as possible.



## Purpose designed treatment clinics

- ensuring a calm and relaxed healing environment.



## Canopy TV

- an online news channel for the cancer community.



## Specialist on call 24/7

- for complete peace of mind.



## Evidence based care and external accreditation

- to ensure we are delivering world class care and treatment options.

## Canopy Cancer Care GI team

The Canopy GI team is made up of world class medical oncologists Professor Michael Findlay and Drs Ben Lawrence, Osama Salih and Abbey Wrigley in Auckland with Drs Michelle Head and Richard North consult in Tauranga and Lisa Dawson, Abbey Wrigley and Vince Newton in Whangarei.

This specialist team all have extensive experience in GI cancer research, education and patient care. The Oncologists are supported by specialist GI nurse Elsa Basevi.

If you have an adult or young adult patient with gastro-intestinal cancer, please contact Canopy Cancer Care with a referral to the GI team.

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Canopy specialises in the care of patients requiring cancer treatment with chemotherapy, immunotherapy, antibody therapy, hormone therapy and molecular targeted therapies.

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## Meet the Canopy GI team

### Oncologists



**Professor Michael Findlay**

*MBChB, MD, FRACP*

**Specialties:**  
Gastro-Intestinal,  
Neuroendocrine



**Dr Ben Lawrence**

*MBChB, MSc, FRACP*

**Specialties:** Gastro-intestinal,  
Pancreas, Neuroendocrine,  
Cancer Molecular Profiling  
and Genomics



**Dr Osama Salih**

*MBBS, DTM&H, FRACP*

**Specialties:** Gastro-Intestinal,  
Gynaecological and Head  
& Neck



**Dr Abbey Wrigley**

*MBChB, FRACP, MMedSci*

**Specialties:** Breast,  
Gastro-Intestinal, Lung



**Dr Michelle Head**

*BHB, MBChB, FRACP*

**Specialties:** Breast, Head &  
Neck, Gastro-Intestinal (GI),  
Lymphoma, Lung, Melanoma



**Dr Richard North**

*BHB, MBChB, FRACP*

**Specialties:** Genitourinary,  
Gastro-Intestinal (GI),  
Head & Neck, Lung,  
Lymphoma, Melanoma



**Dr Vincent Newton**

*BSc, MBChB, FRACP*

**Specialties:** Gynaecological,  
Genitourinary (GU), Lung,  
Gastro-Intestinal (GI)

### Specialist nurse



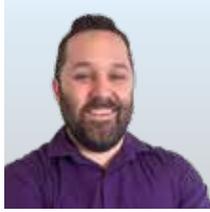
**Elsa Basevi**

Specialist GI Nurse

## Administration support



**Tenia Brendling**  
Scheduler - Whangarei



**Dale Tappin**  
Scheduler - Auckland



**Justine Nathan**  
Scheduler - Tauranga

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## Treatment options and referral options

If you have a patient experiencing any of the symptoms mentioned, they may need to see a

- Gastroenterologist
- Specialist Surgeon

### Followed by

- Radiation Oncologist and/or a Medical Oncologist



**Appointments Available**  
Urgent contact: (09) 623 5602

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## Making a referral is easy



or contact: [admin@canopycancercare.co.nz](mailto:admin@canopycancercare.co.nz) (Auckland and Northland)

or: [admintauranga@canopycancercare.co.nz](mailto:admintauranga@canopycancercare.co.nz) (Tauranga)

or fax: (09) 638 7295 (Auckland and Northland) or fax: (07) 577 0711 (Tauranga)

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## Canopy Cancer Care locations

### Canopy Epsom

98 Mountain Rd  
Epsom  
Auckland 1023  
Ph: 09 623 5602

### Canopy North Shore

213 Shakespeare Rd  
Takapuna  
Auckland 0620  
Ph: 06 623 5602

### Canopy Tauranga

850 Cameron Rd  
Tauranga South  
Tauranga 3112  
Ph: 07 562 1366

### Canopy Whangarei

121 Bank St  
Whangarei 0110  
Ph: 09 623 5602