Recognising breast cancer
First steps – diagnosis to treatment

World class cancer care delivered locally
Canopy Cancer Care is a leading private clinic for adult cancer patients. Our team specialises in the care of patients requiring cancer treatment. The Canopy vision is to offer New Zealanders the option of world class cancer care, delivered locally. Every day and with every patient we work towards this goal.

The Canopy team has been providing an international standard of care for over eight years. During this time we have built a strong team who are all passionate about our patients and the outcomes that matter to them most.

**We have world class facilities located in**

- Epsom, Auckland
- Takapuna, Auckland
- Tauranga, Bay of Plenty
- and now also in Whangarei, Northland

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**An online news channel for the cancer community**

Canopy TV aims to provide interesting and topical information to cancer patients and their families, increase people’s understanding of cancer and showcase interesting clinical developments in cancer treatment.

[www.canopycancercare.co.nz/canopytv](http://www.canopycancercare.co.nz/canopytv)

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**A toolkit of evidence based complementary therapies**

Under the Canopy gives patients access to relevant non-medical services as they need them either during or after chemotherapy or other oncology treatments.

Services include physio, oncology massage, diet and nutrition advice and exercise support.

[www.canopycancercare.co.nz/underthecanopy](http://www.canopycancercare.co.nz/underthecanopy)
What is Breast Cancer?

Breast cancer is a disease in which cells in the breast grow out of control.

Classification

**Luminal A:** The most common subtype and represents 50% – 60% of all breast cancers.

**Luminal B:** Hormone-receptor positive (estrogen-receptor and/or progesterone-receptor positive Luminal B), and either HER2 positive or HER2 negative.

**Triple Negative:** Cancer that tests negative for
- estrogen receptors
- progesterone receptors
- and HER2 protein

About 10 – 20% of breast cancers are triple-negative breast cancers.

Incidence

Breast cancer is the third most common cancer in NZ and accounts for more than 600 deaths each year (MoH). In 2016 there were 3323 cases registered. 96.8 cases per 100,000.

Survival rates

80% of people with breast cancer survive 10 years or more.

Potential Risk Factors

- **Age**
- **Prolonged HRT**
- **Contraceptive pill**
- **Family history – BRCA 1 or BRCA 2 carrier**

Signs and Symptoms

- Unexplained breast lump with or without pain
- **Nipple discharge**
  - blood stained or translucent
- **Nipple retraction**
- **Skin changes**
  - nodularity, thickening, tethering, peau d’orange
- Unexplained lump in the axilla
Why choose Canopy?

- **Quick appointment times**
  - our target is to have our patients seen by a Specialist within 7 days.

- **The highest professional standards**
  - comes from selecting only highly experienced and dedicated Specialists, nurses and support staff.

- **Personalised treatment plans**
  - by professionals committed to delivering quality care, patient experience and outcomes.

- **Global sourcing of therapies**
  - we will reach across the globe to ensure patients have access to the most effective drug therapies.

- **Individualised patient care program**
  - with a focus on outcomes that matter to patients, the Under the Canopy program has been specifically designed to support patients navigate their personal cancer journey as comfortably as possible.

- **Purpose designed treatment clinics**
  - ensuring a calm and relaxed healing environment.

- **Canopy TV**
  - an online news channel for the cancer community.

- **Specialist on call 24/7**
  - for complete peace of mind.

- **Evidence based care and external accreditation**
  - to ensure we are delivering world class care and treatment options.
Canopy Cancer Care breast team

Drs Reuben Broom, Mike McCrystal, Naera Waters and Abbey Wrigley make up the Canopy breast team in Auckland. Dr Joanna Jones covers the Bay of Plenty region, with Lisa Dawson and Abbey Wrigley in Whangarei.

This world class specialist oncology team has extensive experience in breast cancer in the fields of research, education and patient care.

The Oncologists are supported by Specialist Breast Nurse Chelsea Prout.

If you have an adult or young adult patient with breast cancer requiring an opinion regarding systemic treatments or symptomatic management, please contact Canopy Cancer Care with a referral to the Breast Team.

Canopy specialises in the care of patients requiring cancer treatment with chemotherapy, immunotherapy, antibody therapy, hormone therapy and more targeted therapies.

Meet the Canopy breast team

Oncologists

Dr Reuben Broom  
BHB, MBChB, FRACP  
Specialties: Breast

Dr Mike McCrystal  
MD, FRACP  
Specialties: Breast, Skin/Melanoma

Dr Naera Waters  
MBChB, FRACP  
Specialties: Breast

Dr Abbey Wrigley  
MBChB, FRACP, MMedSci  
Specialties: Breast, Gastro-Intestinal (GI), Lung

Specialist Nurse

Dr Joanna Jones  
BHB, MBChB, Clin Dip Pall Med, FRACP  
Specialties: Breast, Gynaecological

Dr Lisa Dawson  
BSc, MBBS, FRACP  
Specialties: Breast, Gastro-Intestinal (GI), Melanoma

Chelsea Prout  
Specialist Breast Nurse
Administration Support

Audrey Philip
Scheduler Auckland

Tenia Brendling
Scheduler Whangarei

Dale Tappin
Scheduler – Auckland and Whangarei

Justine Nathan
Scheduler – Tauranga

Treatment options and referral options

If you have a patient experiencing any of the symptoms mentioned, they may need to see a

• Breast Physician and/or
• Breast Surgeon

Followed by

• Radiation Oncologist and/or a Medical Oncologist

Making a referral is easy

or contact: admin@canopycancercare.co.nz (Auckland and Northland)
or: admintauranga@canopycancercare.co.nz (Tauranga)
or fax: (09) 638 7295 (Auckland) or fax: (07) 577 0711 (Tauranga)

Canopy Cancer Care locations

Canopy Epsom
98 Mountain Rd
Epsom
Auckland 1023
Ph: 09 623 5602

Canopy North Shore
213 Shakespeare Rd
Takapuna
Auckland 0620
Ph: 06 623 5602

Canopy Tauranga
850 Cameron Rd
Tauranga South
Tauranga 3112
Ph: 07 562 1366

Canopy Whangarei
121 Bank St
Whangarei 0110
Ph: 09 623 5602

www.canopycancercare.co.nz