



CANOPY  
CANCER  
CARE

Breast cancer



Recognising breast cancer  
First steps – diagnosis to treatment

World class cancer care delivered locally



Canopy Cancer Care is a leading private clinic for adult cancer patients. Our team specialises in the care of patients requiring cancer treatment. The Canopy vision is to offer New Zealanders the option of world class cancer care, delivered locally. Every day and with every patient we work towards this goal.

The Canopy team has been providing an international standard of care for over eight years. During this time we have built a strong team who are all passionate about our patients and the outcomes that matter to them most.

## We have world class facilities located in

- Epsom, Auckland
- Takapuna, Auckland
- Tauranga, Bay of Plenty
- and now also in Whangarei, Northland



## An online news channel for the cancer community

Canopy TV aims to provide interesting and topical information to cancer patients and their families, increase people's understanding of cancer and showcase interesting clinical developments in cancer treatment.

[www.canopycancercare.co.nz/canopytv](http://www.canopycancercare.co.nz/canopytv)



## A toolkit of evidence based complementary therapies

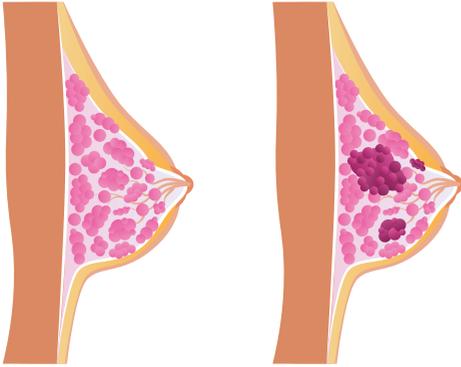
Under the Canopy gives patients access to relevant non-medical services as they need them either during or after chemotherapy or other oncology treatments.

Services include physio, oncology massage, diet and nutrition advice and exercise support.

[www.canopycancercare.co.nz/underthecanopy](http://www.canopycancercare.co.nz/underthecanopy)

## What is Breast Cancer?

Breast cancer is a disease in which cells in the breast grow out of control.



## Classification

**Luminal A:** The most common subtype and represents 50% - 60% of all breast cancers.

**Luminal B:** Hormone-receptor positive (estrogen-receptor and/or progesterone-receptor positive Luminal B), and either HER2 positive or HER2 negative.

**Triple Negative:** Cancer that tests negative for

- estrogen receptors
- progesterone receptors
- and HER2 protein

About 10 - 20% of breast cancers are triple-negative breast cancers.

## Incidence

Breast cancer is the third most common cancer in NZ and accounts for more than 600 deaths each year (MoH). In 2016 there were 3323 cases registered. 96.8 cases per 100,000.

## Survival rates

**80%** of people with breast cancer survive 10 years or more.

## Signs and Symptoms

- Unexplained **breast lump** with or without pain
- **Nipple discharge**
  - blood stained or translucent
- **Nipple retraction**
- **Skin changes**
  - nodularity, thickening, tethering, peau d'orange
- Unexplained **lump in the axilla**

## Potential Risk Factors



Age



Prolonged HRT



Contraceptive pill



Family history - BRCA 1 or BRCA 2 carrier

## Why choose Canopy?



### Quick appointment times

- our target is to have our patients seen by a Specialist within 7 days.



### The highest professional standards

- comes from selecting only highly experienced and dedicated Specialists, nurses and support staff.



### Personalised treatment plans

- by professionals committed to delivering quality care, patient experience and outcomes.



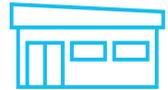
### Global sourcing of therapies

- we will reach across the globe to ensure patients have access to the most effective drug therapies.



### Individualised patient care program

- with a focus on outcomes that matter to patients, the Under the Canopy program has been specifically designed to support patients navigate their personal cancer journey as comfortably as possible.



### Purpose designed treatment clinics

- ensuring a calm and relaxed healing environment.



### Canopy TV

- an online news channel for the cancer community.



### Specialist on call 24/7

- for complete peace of mind.



### Evidence based care and external accreditation

- to ensure we are delivering world class care and treatment options.

## Canopy Cancer Care breast team

Drs Reuben Broom, Mike McCrystal, Naera Waters and Abbey Wrigley make up the Canopy breast team in Auckland. Dr Joanna Jones covers the Bay of Plenty region, with Lisa Dawson and Abbey Wrigley in Whangarei.

This world class specialist oncology team has extensive experience in breast cancer in the fields of research, education and patient care.

The Oncologists are supported by Specialist Breast Nurse Chelsea Prout.

If you have an adult or young adult patient with breast cancer requiring an opinion regarding systemic treatments or symptomatic management, please contact Canopy Cancer Care with a referral to the Breast Team.

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Canopy specialises in the care of patients requiring cancer treatment with chemotherapy, immunotherapy, antibody therapy, hormone therapy and more targeted therapies.

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## Meet the Canopy breast team

### Oncologists



**Dr Reuben Broom**

*BHB, MBChB, FRACP*

**Specialties:** Breast



**Dr Mike McCrystal**

*MD, FRACP*

**Specialties:** Breast,  
Skin/Melanoma



**Dr Naera Waters**

*MBChB, FRACP*

**Specialties:** Breast



**Dr Abbey Wrigley**

*MBChB, FRACP, MMedSci*

**Specialties:** Breast,  
Gastro-Intestinal (GI),  
Lung

### Specialist Nurse



**Dr Joanna Jones**

*BHB, MBChB, Clin Dip Pall  
Med, FRACP*

**Specialties:** Breast,  
Gynaecological



**Dr Lisa Dawson**

*BSc, MBBS, FRACP*

**Specialties:** Breast,  
Gastro-Intestinal (GI),  
Melanoma



**Chelsea Prout**

Specialist Breast Nurse

## Administration Support



**Audrey Philip**  
Scheduler Auckland



**Tenia Brendling**  
Scheduler Whangarei



**Dale Tappin**  
Scheduler - Auckland  
and Whangarei



**Justine Nathan**  
Scheduler - Tauranga

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## Treatment options and referral options

If you have a patient experiencing any of the symptoms mentioned, they may need to see a

- Breast Physician and/or
- Breast Surgeon

### Followed by

- Radiation Oncologist and/or a Medical Oncologist



**Appointments Available**  
Urgent contact: (09) 623 5602

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## Making a referral is easy



or contact: [admin@canopycancercare.co.nz](mailto:admin@canopycancercare.co.nz) (Auckland and Northland)

or: [admintauranga@canopycancercare.co.nz](mailto:admintauranga@canopycancercare.co.nz) (Tauranga)

or fax: (09) 638 7295 (Auckland) or fax: (07) 577 0711 (Tauranga)

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## Canopy Cancer Care locations

### Canopy Epsom

98 Mountain Rd  
Epsom  
Auckland 1023  
Ph: 09 623 5602

### Canopy North Shore

213 Shakespeare Rd  
Takapuna  
Auckland 0620  
Ph: 06 623 5602

### Canopy Tauranga

850 Cameron Rd  
Tauranga South  
Tauranga 3112  
Ph: 07 562 1366

### Canopy Whangarei

121 Bank St  
Whangarei 0110  
Ph: 09 623 5602